

# Tanita BF-679 Body Fat/Body Water Monitor

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## Product Details:

Do you want to lose weight or improve your total health and fitness? Then a Tanita BF-679W Body Fat / Body Water Monitor is the right addition to your routine. A weight scale alone is not enough. This monitor calculates body fat and body water levels using bioelectric impedance analysis (BIA); sending a safe, low-level electrical signal through the body.

## Technical Specifications

Capacity	Weight Increments	Body Fat Increments
300 lb (136 kg)	0.2 lb (0.1 kg)	0.5%
Memory	Power Supply	
2 People	AA batteries x 4 (included)	

### Features and Specifications:

Multiple Program Memory for 2 People  
Guest Mode  
Weight-Only Button  
Healthy Range Indicator  
Weight Recall  
Body Fat Percentage Recall  
Body Fat Percentage



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